

# N P H S F R I D A Y M E S S A G E

THE OFFICIAL NEWSLETTER FOR FAMILIES

February 14, 2025



*Happy Friday NPHS Families,*

## CONTENT

*A Message From Principal Simms*

*Important Dates*

*Around NPHS*

## SONNET

**BY JAMES WELDON JOHNSON**

My heart be brave, and do not falter so,  
Nor utter more that deep, despairing wail.  
Thy way is very dark and drear I know,  
But do not let thy strength and courage fail;  
For certain as the raven-winged night  
Is followed by the bright and blushing morn,  
Thy coming morrow will be clear and bright;  
'Tis darkest when the night is furthest worn.  
Look up, and out, beyond, surrounding clouds,  
And do not in thine own gross darkness grope,  
Rise up, and casting off thy hind'ring shrouds,  
Cling thou to this, and ever inspiring hope:  
Tho' thick the battle and tho' fierce the fight,  
There is a power making for the right.



# Important Dates

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**February 17- Holiday-Presidents Day (school is closed)**

**February 20- Dodgeball Tournament 6:00 pm**

**February 25- School Bookings link open for Parent Teacher Conference sign ups**

**February 27- National Honor Society Induction @ NPHS Auditorium 6:30 pm**

## Around NPHS

### SKILLSUSA COMPETITION

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NPBS students represented Ulster BOCES in the SkillsUSA competitions which challenge students to demonstrate their technical skills, leadership, and work ethic. The competing students showcased their abilities in a variety of trade, technical, and leadership fields.

Many of these students will be moving on to compete at the SkillsUSA State competition on April 25th, 2025, at the New York State Fairgrounds in Syracuse.

New Paltz Central School District

Nicholas Dobosh, 2nd Place, Action Skills Basic

Quinn Yowell, 1st Place, Quiz Bowl

Ruth Kurland, 2nd Place, Cosmetology Quiz Bowl

Ethan Greger, 2nd Place, CNC 3-Axis Milling Programmer

Cesar Mendez Newell, 2nd Place, Culinary Quiz Bowl

Carly Brustein, 2nd Place, Culinary Quiz Bowl

Jacob Frost, 1st Place, Automated Manufacturing

Caden Salamone, Area IV Vice President Elect





Cesar Mendez Newell, Quinn Yowell, Mackenzie Bailin, Carly Brustein, Ethan Greger  
Not pictured: Sarah Wohlrab



Caden Salamone



Nicholas Dobosh



Ruth Kurland

# CONGRATULATIONS NEW PALTZ!

## 2025 SKILLSUSA REGIONAL COMPETITION WINNERS

**NICHOLAS DOBOSH** 2ND PLACE - ACTION SKILLS BASIC

**QUINN YOWELL** 1ST PLACE - QUIZ BOWL

**RUTH KURLAND** 2ND PLACE - COSMETOLOGY QUIZ BOWL

**ETHAN GREGER** 2ND PLACE - CNC 3-AXIS MILLING PROGRAMMER

**CESAR MENDEZ NEWELL** 2ND PLACE - CULINARY QUIZ BOWL

**CARLY BRUSTEIN** 2ND PLACE - CULINARY QUIZ BOWL

**JACOB FROST** 1ST PLACE - AUTOMATED MANUFACTURING

**CADEN SALAMONE** AREA IV VICE PRESIDENT ELECT



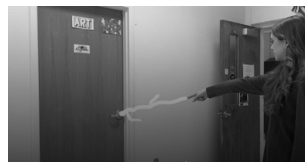
# MEDIA ARTS

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Intro to Media Arts students have created bizarre and strange 3d virtual clay corpses!

After learning about Surrealist Art game "The Exquisite Corpse" students were tasked with each creating a collection of three random "Body" parts in a 3d virtual clay program. They then uploaded these 3d files to a shared class folder and were able to pick and choose from a massive collaborative collection to assemble new and unique creatures.

Advanced Film and Video students are celebrating Black History Month by creating short informational videos about impactful achievements made by African Americans. These are being broadcast to the entire school community as the opening segment for NPZTV "The Morning Show"



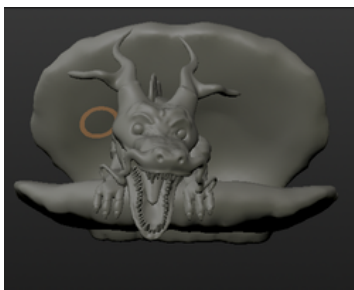
Intro To Film and Video students have been having a blast learning to use the effects in Adobe Premiere Pro. In the most recent project students were tasked with learning and incorporating the "lightning" effect into a short practice video.

Computer Graphics students are in the final stages of advanced 3d virtual sculpting. Check out the work from some of these amazingly talented students.

Paul Easton



Nate Fetherolf



Leyla Tranter



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# ATHLETICS

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The boys and girls Nordic Teams won their Section 9 Team Championships. The race was held at Minnewaska on a hilly course going around the lake twice. It was a beautiful-sunny day- what a way to celebrate winter!!!

Pictured left to right

Dylan Friedman, Clio Miller, Lujayn Eljamal. Gala Dixey, Matie Jirka.

Sam Hollman. Elon Rosenthal.

Absent Roxy DeNey-Bhagat

The second picture

Section 9 Individual Champions

Mitei Jirka

Dylan Friedman



# ATHLETICS

## GIRL'S INDOOR TRACK

Congratulations to the NPHS girls' indoor track and field team who won their section meet last Friday at West Point!  
Impressive contributions to the team win are listed below:

### Section Champs - 1st Place Finishes (10 points)

Rhiana Thomas - Weight Throw  
Ady Laurie - Pole Vault

### Second Place Finishes (8 points)

Livi Lathrop - LJ  
Livi Lathrop TJ (School Record)  
Livi Lathrop HJ  
Rhiana Thomas - Shot Put



### Third Place Finishes (6 points)

Kammora Wheeler - Weight Throw  
Delaney Aube - 1500m Racewalk  
4x400 (Mariah Odari, Ella Brassard, Esme Keon, Talia Telmont)

### 4th Place Finishes (4 points)

Kammora Wheeler - Shot put

### 5th place finishes (2 points)

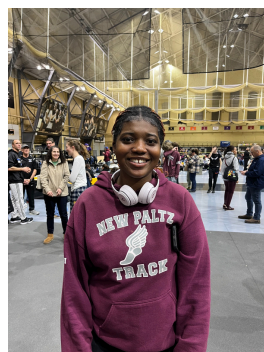
Ella Brassard 300m

### 6th place finishes (1 point)

Lila Disciullo - TJ  
4x200 (Ady Laurie, Mariah Odari, Ella Brassard, Emma Belmar)

### Personal Records

Talia 600m  
Brianna + Delaney racewalk  
Lila 55 hurdles + TJ  
Rhiana in the weight throw - 1 inch from school record  
Chloe 300m  
Livi TJ (School Record!)  
Emma 55m  
Cara + Lila 800m



## BOY'S INDOOR TRACK



Congratulations to the Boys Indoor Track and Field team who took Second place out of 21 teams Friday night in the class B Section 9 Championship meet at West Point. It was a close meet with New Paltz leading by 4 points going into the last event and was 30 points ahead of the nearest competition.

Special congratulations to:

Sean Marz who was section champion in both the 55 M and long jump. Sean also set a new school record in the 55 dash of 6.46 seconds, making him 5th in NYS right now.

Top Medalists: Ayden Armstead (300, 4x4 and 4x2), Landon Fracasse (1000 and 4x8) Mike Ayala (600, 4x8 and 4x4), Nico Bloom (4x2), Sean Marz (4x2), Logan Culp (4x2), Kian Walsh (4x4), Hadyn Rudikoff (4x4), Jude Herman (4x8) and Ryan Burns (4x8)

Our other section point scorers (top 6): Landon Fracasse in the 1600, Nico Bloom in High Jump, Quinn Yowell in Pole Vault

Additionally, many athletes had personal or season bests at the meet (Derek Schenker and Quinn Yowell in the 55 hurdles, Sean Marz in the 55 dash and long jump, Hadyn Rudikoff in the 600, Ryan Burns in the 1000, Aaron Birnbaum and David Rodriguez both PRed in shot put, Aaron also PRed in weight throw, and Quinn Yowell PRed in the pole vault.

Great Job! Coach Seim



# IMPORTANT INFO

## Coaching Vacancies

<https://www.newpaltz.k12.ny.us/Page/46>

**Modified Boys Track & Field**  
**Modified Girls Track & Field**  
**Varsity Boys Tennis**  
**Modified Boys Tennis**  
**Modified A Girls Lacrosse**  
**Modified Softball**



Please contact Greg Warren, Director of Health, Physical Education, & Athletics:  
[gwarren@newpaltz.k12.ny.us](mailto:gwarren@newpaltz.k12.ny.us) or 845-256-4151



The NPCSD Foundation for Student Enhancement  
is proud to announce:

## Student Microgrants!

### Info:

Request up to \$200 towards research projects  
Spring Application Deadline: February 28, 2025

### Eligibility:

New Paltz High School student (9–12 grade)  
Requires a teacher supervisor  
One application per year per student

### Great resource for:

Research-related purchases (equipment, supplies, etc.)  
Research-related travel (conference fees, transportation, etc.)  
Independent study projects  
Senior projects

### TO APPLY:

[npschoolfoundation.org/studentmicrogrants](https://npschoolfoundation.org/studentmicrogrants)  
Questions? [info@npschoolfoundation.org](mailto:info@npschoolfoundation.org)

## Yearbook!!!

You can now order your 2025 Yearbook directly on the New Paltz High School Homepage!!  
Click the direct link under announcements!

The yearbook website is also updated and active.... You can find it in the "Clubs" tab on the High School Homepage!!  
Please check often for submission deadlines and information!!

Thank you!  
Ms. McKenna & Ms. Hewitt

## PARENT CORNER

There has been a lot of talk around cellphone use in schools. The Screenagers platform offers many resources on the topic. Here is a link with helpful information on the topic:

<https://www.screenagersmovie.com/resources/school-cell-policies>

-Ms. Schneck-Suma

**Don't let the magic run out**

**Order your Yearbook TODAY!!!!**

[bit.ly/NPHS2025YearbookOrderHere](https://bit.ly/NPHS2025YearbookOrderHere)

**Questions? Contact:**

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[thewitt@newpaltz.k12.ny.us](mailto:thewitt@newpaltz.k12.ny.us)